

# ELTHAM HIGH SCHOOL

## Health Support Planning Strategy

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At Eltham High School we aim to ensure all students feel safe and supported at school. We do this by working with families to ensure that clear plans and processes are developed and maintained to support the student's health care needs, either on enrolment or when a health care need is identified. In addition, we allocate time to discuss, practice and review health support planning policies and processes.

Students with an identified medical condition are required to have a current medical action plan to assist with health support planning at school.

We require medical details to be provided for all students upon enrolment at the school and require families to provide an update on medical conditions annually. We require an update of medical action plans for all medical conditions no later than the beginning of term two each year. In addition, families will have the opportunity to review and update details when the Student Information Details are sent out at the beginning of semester two year.

The list below describes the information that is required by the school and includes links to sample plans for specific student health support needs

### Anaphylaxis

- x ASCIA Action Plan for Anaphylaxis (to be signed off by a medical practitioner)
  - o For EpiPen:

## Diabetes

Diabetes Action Plan (to be signed off by a medical practitioner)

- o Twice daily injections  
<https://s3-ap-southeast2.amazonaws.com/dvresources/OrchestraCMS/a1f0o0000FUgHzAAL.pdf>
- o Multiple daily injections:  
<https://s3-ap-southeast2.amazonaws.com/dvresources/OrchestraCMS/a1f0o0000FUgHpAAL.pdf>
- o Insulin pump:  
<https://s3-ap-southeast2.amazonaws.com/dvresources/OrchestraCMS/a1f0o0000FUgHuAAL.pdf>

## Epilepsy

x Epilepsy Management Plan (to be signed off by a medical practitioner)

- o For one seizure type <https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizurex-1-unrestricted.pdf>
- o For multiple seizure types <https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizurex-2-unrestricted.pdf>

x Emergency medication plan for seizure emergencies (to be signed off by a medical practitioner)

If a child has a specific medical condition that is not identified above then it is the expectation of the school that the parents inform the school and provide a medical action plan to support us to ~~add~~ <sup>meet</sup> the specific health and wellbeing needs of the child whilst at school.

Where a plan has not yet been updated during ~~2020~~ <sup>2021</sup> we request families to complete the attached documents as appropriate (including sign off by a medical practitioner as required). Please provide a copy of the ~~completed~~ <sup>completed</sup> plan to the First Aid Officer Fiona Casey. If you have any questions or would like to request a hard copy version of the template please contact Fiona on 94305112 or by email at [firstaid@elthamhs.vic.edu.au](mailto:firstaid@elthamhs.vic.edu.au)

Where it is necessary for your child to have medication at school (EpiPen / insulin) it is imperative that this is kept up to date and replaced by you when necessary.

The information you provide will enable us to provide the highest care possible for your child

Thank you for your support.



Fran Mullins  
Assistant Principal



Fiona Casey  
First Aid Officer